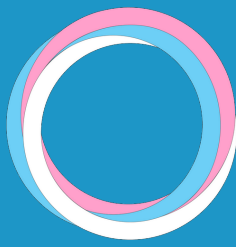


OCTOBER
21 IS



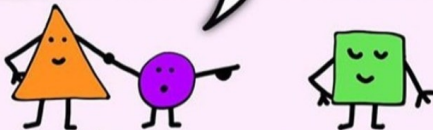
INTERNATIONAL PRONOUNS DAY



WHAT IS A PRONOUN, & WHY IS THERE A WHOLE DAY ABOUT THEM?

A Pronoun, in this context, is a word we use to talk about someone instead of always using their name. In our language, the word we use hints at someone's gender, which is not always what we would assume! This day is dedicated to talking about pronouns so we can become more comfortable addressing people around us the way they would like to be, which is something everyone has a right to!

HEY, IS THAT A BOY OR A GIRL?



- * I don't know. Does it matter?
- * We don't need to know someone's gender & pronouns until they tell us.
- * We can't tell by the way someone looks and that's okay.
- * Until they tell us otherwise, we can use "They" to talk about them.



@teachingoutsidebinary & @growingwithmxt

@sylviacluckworth

LET'S BREAK IT DOWN TOGETHER

DO YOU GUESS SOMEONE'S NAME WHEN YOU MEET?

Chances are, you don't call someone 'Benjamin' until they cave and introduce themselves. That's silly and yet we try to guess people's gender & pronouns every day!

SO HOW CAN WE ASK?

Introducing yourself and sharing your own pronouns is a great way to provide a chance for them to do so, too. It's best to do this one on one. In group settings, you can do so as a group-- someone may not want to share and that's okay, too. The neutral 'they' can be used for them, or just their name as well!

WHAT IF WE MESS UP?

When, not if, there is a slip, know it is normal and it happens. You're not a bad person. If you caught yourself, correct yourself, apologize, and move on. If someone else corrects you, correct it, apologize, and move on. It's not a big deal as long as it's not repeated and done on purpose!

WHAT IF SOMEONE ELSE DOESN'T RESPECT PRONOUNS?

Some people don't understand, and some people choose not to. Either way, you should focus on the person being addressed and repeat a statement with their proper pronoun so they know you have their back. If it's repeated on purpose, the person affected should decide when and if to take action.

Options & Resources are on the back!

FROM THE CENTER OF THE FINGER LAKES THROUGH FCSFL, INC.



EVERYONE DESERVES RESPECT

Let's talk about your resources!

The adults at your school are there to teach you, keep you safe, and help you navigate the world as you go. There is a law in New York State called the **Dignity For All Students Act (DASA)** that gives them the responsibility and you and your family the option of making a report of any bullying, discrimination, or harassment, whether it comes from a youth or an adult. You can find the form and who it gets turned into on the homepage of your school website, or you can ask your school counselor or another trusted adult to help you find it and fill it out. This protects you from **cyberbullying**, too!

Family Counseling Service of the Finger Lakes, Inc. hosts a weekly group for youth ages 10-18 who are figuring out who they are and are looking for a safe space to talk and learn more. The group is called YANA, which stands for You Are Not Alone, and you can get connected by asking your teacher, school counselor, advocate, social worker, nurse or principal to reach out to us!

If you ever need someone to talk to, the Trevor Project is an incredible resource for finding immediate, inclusive support. Connect with them at:

GET HELP 24/7:



TrevorText

Text START to 678678



TrevorChat

TrevorChat.org



TrevorLifeline

866.488.7386

THE **TREVOR** PROJECT
Saving Young LGBTQ Lives

BOTTOM LINE IS THIS: IT'S EASY AND IMPORTANT TO RESPECTFULLY REFER TO THE PEOPLE IN OUR COMMUNITY THE WAY THEY'D LIKE TO BE-- WE ALL DESERVE THAT BASIC DIGNITY, EVERY DAY.

HOW CAN WE LEARN MORE?

Here are some resources for getting more comfortable using new pronouns and making your school a safe place for everyone!

PRACTICE WITH PRONOUNS

You can build sentences with new pronouns and a name you fill in yourself at www.practicewithpronouns.com

MINUS18

Another awesome app for practicing pronouns can be found at <https://pronouns.minus18.org.au/>

GLSEN

This organization has focused on making K-12 schools safe spaces for 30 years! You can learn more about them at www.glsen.org/resources/student-and-gsa-resources

YOUR LOCAL LIBRARY/APP

So many great books are out there talking about all different kinds of people, and the importance of acceptance. Some titles are:

For light readers:

They She He Me: Free To Be! by Maya Gonzalez
Julián Is A Mermaid by Jessica Love
I Am Jazz by Jessica Herthel & Jazz Jennings
George by Alex Gino

For a little longer read:

Gracefully Grayson by Ami Polonsky
Lily and Dunkin by Donna Gephart
Gender Explorers by Juno Roche

Graphic Novels:

Gender: A Graphic Guide by Meg-John Barker
Gender Queer: A Memoir by Maia Kobabe

Heavy topic, but important:

The 57 Bus by Dashka Slater

FROM THE CENTER OF THE FINGER LAKES THROUGH FCSFL, INC.

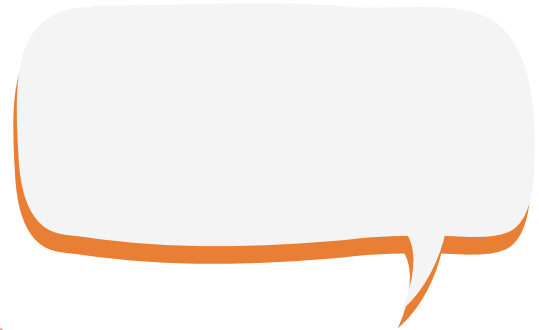
OCTOBER 21 IS INTERNATIONAL PRONOUN DAY 21 DE OCTUBRE ES DÍA INTERNACIONAL DEL PRONOMBRE



DO YOU KNOW THESE PEOPLE'S NAMES?
¿CONOCES LOS NOMBRES DE ESTAS PERSONAS?

HOW COULD YOU LEARN THEIR NAME?
¿CÓMO PUEDES APRENDER SUS NOMBRES?

THIS IS ALSO HOW YOU CAN LEARN PRONOUNS.
ASÍ ES TAMBIÉN COMO PUEDES APRENDER PRONOMBRES.



MY NAME IS.../MI NOMBRE ES...
I LIKE TO BE CALLED.../
ME GUSTA QUE ME LLAMEN...

A PRONOUN IS A WORD USED TO TALK ABOUT A
PERSON & THEIR GENDER.
UN PRONOMBRE ES UNA PALABRA QUE SE USA
PARA HABLAR SOBRE UNA PERSONA Y SU GÉNERO.



VANESSA

SHE/ELLA



ROGER

HE/ELLO



SAM

THEY/ELLE



BIRDIE

BIRDIE/BIRDIE

YOU DEFINE YOURSELF!/¡TÚ TE DEFINES!
RESPECT OTHER PEOPLE!
¡RESPECTA A OTRAS PERSONAS!